

Radiology Imaging Associates Hospital Fluoroscopy Protocols Document Effective Date: 10.9.2023 Procedure: Barium Enema (double contrast)

# I. <u>Equipment</u> (May vary between sites)

- a. Barium Liquid Polibar Plus
- b. IV pole
- c. Double contrast enema bag set up: balloon insufflator, enema tip, air pump
- d. Hemostats
- e. KY GEL
- f. Chux for table x2
- g. Towels

# II. Personnel

- a. Radiologist/RA
  - i. Reviews order
  - ii. Administers contrast and takes spot images
- b. Hospital Technologist
  - i. Calls patient 48 hours before exam to verify bowel prep instructions have been provided by ordering physician
  - ii. Verifies no biopsies within past 7 days
  - iii. Prints order and relevant notes for radiologist/RA review
  - iv. Documents patient history and pregnancy status prior to exam
  - v. Assists the radiologist/RA during procedure
  - vi. Responsible for overhead imaging
  - vii. Provides patient with aftercare instructions

## III. Procedure

- a. Scout KUB according to site protocol
- b. Insert enema tip and inflate balloon
- c. Contrast on with patient on left side
- d. Fill colon to mid transverse
- e. Roll patient as necessary to move contrast
- f. Add air and drain barium as necessary
- g. Stand table and drain barium
- h. Return table to horizontal position for additional spot and overhead images

# IV. Required Images

- a. Fluoro spot images
  - i. Rectum and sigmoid colon
  - ii. Splenic and hepatic flexures
  - iii. Ascending, transverse and descending colon
  - iv. Suspicious lesions, tics or polyps
- b. Overhead images
  - i. AP KUB
  - ii. PA KUB
  - iii. Sigmoid
  - iv. Bilateral Decubs
  - v. Post Evacuation

# V. <u>Special Considerations</u>

- a. Requests for same day ACBE following incomplete colonoscopy are contraindicated if biopsies or polypectomies were performed during the colonoscopy. (Pt must wait 7 days to have ACBE)
  - i. Example: Colonoscopy performed Monday, pt. must wait until the following Monday to have ACBE

Approved by:	Keith Dangleis, MD
Role:	Physician Supervisor, RIA Fluoroscopy Technologists