

Radiology Imaging Associates Hospital Fluoroscopy Protocols

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Procedure: Esophagram (w/ Air)

- I. <u>Equipment</u> (May vary between sites)
 - a. 1 bottle EZ HD (Thick Barium) (60mL water)
 - b. Liquid E-Z Paque (Thin Barium)
 - c. EZ Gas II 1 package (open)
 - d. Small medicine cup (fill to approx.1 tsp. line with water)
 - e. 1 EZ Disk Barium Tablet (small medicine cup) (barium pudding or applesauce in room)
 - f. 3 cups / 2 straws
 - i. Cup 1- thick barium
 - ii. Cup 2- thin barium
 - iii. Cup 3- water

II. Personnel

- a. Radiologist/RA
 - i. Responsible for administering contrast, giving patient instructions, and taking spot images
- b. Hospital Technologist
 - i. Prints order, reviews order with rad/RA
 - ii. Documents patient history and pregnancy status prior to exam
 - iii. Assists during procedure
 - iv. Provides patient with aftercare instructions

III. Procedure

- a. Scout image
 - i. Required for patients s/p endoscopy or surgical procedure (within 1 week)
 - ii. To be cleared by Radiologist/RA
 - iii. Upright abdomen (on expiration, must include bilateral hemidiaphragms)
- b. Esophageal images with patient standing
 - i. LPO, AP (entire esophagus)
 - ii. Lateral cervical esophagus
- c. Prone esophageal images
 - i. Single swallows of thin barium to evaluate motility
 - ii. Valsalva hiatal hernia evaluation
 - iii. Reflux check
 - iv. Add lead ruler to field of view for measurement purposes if hiatal hernia present (include HH measurement in dictation)
- d. Stand table
 - i. Administer 13mm barium tablet with 150 mL water (if tablet sticks, save image, if tablet remains lodged after 5 minutes, advise pt not to eat for 45 minutes (liquids ok))

IV. Required Images

a. See procedure

V. Special Considerations

a. If 13mm Ba tablet sticks in vallecula, have patient swallow a tbsp. of barium pudding or applesauce

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