

Computed Axial Tomography (CT) Protocol		
Title:	Body Imaging CT Protocol: Abdomen and Pelvis Enterography With Contrast	PRO-BI-CT-36
Issuing Department/ Committee/Body:	Body Imaging Section	Effective From 01 June 2022 Until Next Updated
Policy Owner:	Clinical Science Specialist (CSS) for CT	
Approval:	Body Imaging Section Physician Leads	

PROTOCOL

This set of guidelines was designed and intended for an average sized adult body habitus. Due to variations among scanners, it is not possible to document all parameters, however critical parameters are included and should be adhered to unless otherwise approved by the supervising radiologist.

No full scans should be repeated without radiologist direction, exceptions are short segment repeats due to gross patient motion or small range additional scans to include missed anatomy.

- Dose reference values (CTDIvol) are given based on a “per series” value and not in accumulated values unless otherwise indicated.

CPT CODE(S)

ANATOMY EVALUATED

Abdomen, pelvis

INDICATION

Crohn’s disease, ulcerative colitis with backwash ileitis

PREPARATION

The patient should drink 24 to 32 ounces of water 30 minutes prior to the examination. The patient should not void unless they are uncomfortable due to distended bladder prior to examination.

Shielding should be utilized according to facility policy. If utilized, shielding for CT should only be used if the radiologist agrees that it will not interfere with the examination.

IMAGING

Nothing by mouth (NPO) 6 to 8 hours prior to examination. The patient must drink 3 bottles of Volumen or Breeza Neutral 1 hour prior to examination meaning 20 minutes per bottle. The examination should begin as quickly as possible after the patient finishes the last bottle.

Body CT PROTOCOL: Abdomen and Pelvis Enterography With Contrast	
Localizer(s)	Frontal, Lateral if Required
Scan Series	Abdomen and Pelvis
Scan Phase	Early portal venous
Instructions	Inspiration
Contrast Agent	300, 350, or 370 and oral contrast
Volume and Rate	80ml (370) - 100ml (300)/3.0-3.5ml per sec
Contrast Delay	60 sec
Start	Above diaphragms
End	Below symphysis pubis
Scan Type	Helical
kVp	100-120
Target CTDIvol	<15 mGy
Max CTDIvol	25 mGy
Max Scan Time	24 sec
Pitch	0.9-1.75:1
DFOV	To body wall
Send to PACS	AX 1x1 standard
	COR 2x2 standard
	SAG 3x3 standard

ASSOCIATED DOCUMENTS

- Patient Shielding for Procedures Using X-Rays
- Pediatric CT Protocol: Basic Operating Requirements and General Notes
- Uniform Guidelines for Use of Iodinated Agents

REFERENCES

This protocol is based on evidence-based techniques, Image Wisely guidelines, ACR dose limit recommendations, and with the consultation and review of board-certified body radiologists and board-certified medical physicists. They are designed to minimize the amount of radiation while maximizing the yield while producing diagnostically acceptable image quality.

REVIEW/REVISION HISTORY

Review/Revision	Summary of Review/Revision	Effective Date (month/day/year)
Original	Original document	06/01/2022
Revision	Unknown detail	05/03/2023
Revision	1. Transferred contents into the approved template.	03/12/2025